

Tennis Peer Rating Check Sheet

2010

Performer Saran Hangesl

Rating Scale 0 = Not yet 1 = Sometimes 2 = Consistent

Rater 1 Nicole

Rater 2 Paul

Skill: Ready Position	Rater 1	Rater 2	Comments
Racket is held with Eastern forehand grip	2		
Racket and arms extended slightly forward	2		
Racket head is held above wrist height	2		
Grip is firm	2		
Elbows are away from ribs	2		
Opposite hand supports racket at the throat	2		
Knees are comfortable bent	2		
Weight is on the balls of the feet	2		
Small bouncing motion shows player is ready to move	2		
Player appears "ready"	2		
Skill: Forehand Ground Stroke	Rater 1	Rater 2	Comments
Racket is held with Eastern forehand grip	2		
Begins preparation by pivoting feet, keeping racket in front of the body	2		
After pivot, allows racket to continue to drift away from the body	2		
Moves feet to position to contact ball waist high	2		
Steps into hit with left foot for right handers (rt. foot for left handers)	1		
Contacts ball waist high about even with front foot	2		
Keeps racket straight ahead toward net as long as possible	2		
Finishes with racket high and open	2		
Stroke is successful (goes over the net and into the court)	1		
Effective stroke (strong return that would challenge an opponent)	2		
Skill: One Handed Backhand Ground Stroke	Rater 1	Rater 2	Comments
Grip is changed to Eastern Backhand on the pivot	2	2	
Begins preparation by pivoting feet, keeping racket out front of body	2	2	
After pivot allows racket to continue to drift away from the body	2	2	
Moves feet to position to contact ball waist high	2	2	
Steps into hit with rt. foot for rt. handers (left foot for left handers)	2	2	
Contacts ball waist high about even with front foot	2	2	
Keeps racket moving straight ahead toward net as long as possible	2	2	
Finishes with racket high and open	2	2	
Stroke is successful (goes over the net and into the court)	1	1	
Effective stroke (strong return that would challenge an opponent)	1	1	
Skill: Two-hand Back Hand Ground Stroke	Rater 1	Rater 2	Comments
Hand at throat of racket slides down to meet dominant hand	2		
Begins preparation by pivoting feet, keeping racket in front of body	2		
After pivot allows racket head to drop down so that hands are next to pocket	2		
Moves feet into position to meet the ball just below waist	2		
Meets ball even with feet	2		
Steps into hit with rt. foot for rt. handers (left foot for left handers)	2		
Extends racket forward on follow through	2		
Ends with racket high and elbows bent	2		
Stroke is successful (goes over the net and into the court)	1		
Effective stroke (strong return that would challenge an opponent)	2		

Performer Saran Kangas

Rating Scale: 0 = Not yet 1 = Sometimes 2 = Consistent

Rater 1 Nicole

Rater 2 Paul

Skill: Volley	Rater 1	Rater 2	Comments
Starts and ends in ready position with racket high	2		
Begins preparation by pivoting feet, keeping racket in front of the body	2		
Brings racket to stop sign position	2		
Steps into hit with opposite foot	2		
Reaches forward to hit	2		
Tight grip on contact	2		
Short punch into ball on contact	2		
Returns immediately to ready position	2		
Stroke is successful (goes over the net and into the court)	2		
Effective stroke (strong return that would challenge an opponent)	2		
Volley Total			
Skill: Punch Serve			Comments
Racket held in Eastern forehand grip	2		
Stands facing net with body at 45° angle to baseline	2		
Starts with racket arm in back scratch position	2		
Tosses ball upward a bit higher than full reach and about 1 foot in front of serving shoulder	2		
Reaches as high as possible on contact	2		
Leans forward while swinging to get weight into shot	2		
Wrist is snapped closed just before contact	2		
Follow through is directed to center of service box	2		
Serve is successful (goes over the net and into the service box)	2		
Effective serve (strong serve that would challenge an opponent)	2		
Skill: Full Serve			Comments
Stands facing net with body at 45° degree angle to baseline	2		
Starts with racket arm and ball extended in front of body	2		
Tosses ball upward a bit higher than full reach and about 1 foot in front of serving shoulder	2		
Has smooth, coordinated arm motion and ball toss	2		
Reaches as high as possible on contact	2		
Leans forward while swinging to get weight into shot	2		
Wrist is snapped closed just before contact	2		
Follow through is directed to center of service bay	2		
Serve is successful (goes over the net and into the service box)	2		
Effective serve (strong serve that would challenge an opponent)	2		

Comments: