

**PE 288 Soccer / Speedball
Soccer Skills Teacher Checklist**

Student Name Sarah Kangas Section Fall

1 = cannot perform yet 2 = can perform part of the time 3 = can perform most of the time

SKILL	DURING PRACT. ACTIVITY	DATE	DURING MOD. GAME	DATE
passing & receiving w/ inside of foot, on the ground	3		3	
close dribbling	3		3	
speed dribbling	3		2	
short chip	2		2	
receiving ball w/ thigh	3		3	
receiving ball w/ chest	3		3	
Heading (optional)	2		1	
moving into open space without the ball	3		3	
Goalie receiving skills:				
stance	3		3	
receive ball on ground (front, both sides)	3		3	
receive ball in air (front, both sides)	3		3	
Distribution skills:				
baseball pass	3		3	
roll	3		3	
Speedball Skills:				
jump-catch conversion	3		3	
roll-up leg conversion	3		3	
tip-up to self	3		3	
tip-up to teammate	3		3	
chest pass	3		3	
overhead pass	3		3	

Skill Performance Grading Scale: (17 (+ 1 optional) skills / 34 items, 102 possible points)

Level of Play	%age	Points	Level of Play	%age	Points
Olympic Medallist	(94 - 100)	= 96 - 102	Junior National Team	(79 - 83)	= 81 - 85
Olympic Runner-up	(89 - 93)	= 91 - 95	Developmental Team	(74 - 78)	= 75 - 80
National Team	(84 - 88)	= 86 - 90	Enthusiastic Athlete	(69 - 73)	= 70 - 74
Entry-level Player	(below 69)	= below 70			