

Weekly Plan/Journal

Week of: 11/5

| Class Times | Monday | Tuesday | Wednesday | Thursday | Friday | Notes |
|-------------|---|--|--|---|--|---|
| 9:45 | Large class, made it complicated to work in only 3 groups on teambuilding. Should split class into 4 groups. Used a split gym which made it very noise because 6 th grade is doing a floor hockey unit on the other side of the gym. | Successful class. Although [REDACTED] has a hard time with always wanting to be in control of the activity. Remind him to listen to others in the group. | Because of the large class, we had to rush the kids through the climbing and didn't have the chance to be more thorough in our instruction. The kids took it seriously and did well. | Students felt more comfortable climbing and I noticed the confidence increase as they climbed. | We were able to get a lot of the kids climbing today since they knew how to put on the harnesses themselves. | Teambuilding is all about being honest, communication, and working together. Stress the importance of teamwork and how a great time works together, not as individuals. |
| 10:30 | Students were having a very hard time w/ the stepping stones because they were tough to stand on, I swapped them out for poly-spots and the students were much more successful. | Students had a hard time staying on task when doing the caterpillar trolley because they wanted to play with the volleyballs instead of trying to be successful with the activity. | [REDACTED] and a couple others didn't try very hard to climb and gave up quickly. Encourage them to think about different moves first before giving up. | Again, some students wanted to give up right away. I encouraged them to take one more step before coming down. | The students continued to gain confidence on the wall and the beam. It was exciting to see some who were able to successfully climb the ladder and walk across the beam. | |
| 12:00 | This class had a very hard time working together to be successful. Many students, particularly [REDACTED], didn't take it seriously and had horrible attitudes. Sil addressed the behavior in the CD. | Much better class today. [REDACTED], [REDACTED], and [REDACTED] worked together much better after being successful in one of the activities. | [REDACTED] and [REDACTED] did not want to participate but we encouraged them to put on a harness and helmet and make an attempt to climb at least 2 ft. up the wall. | [REDACTED] did not give much effort. Before class even began he was determined that he wasn't going to do well. Continue to encourage him to do his best. | [REDACTED] did such a great job conquering her fears by climbing the rope ladder and then walking across the beam. | |
| 12:45 | [REDACTED] had a very hard time staying on task with his team. The rest of the class enjoyed the activities and are looking forward to trying different ones. | Went much better with having the 4 stations and switching stations halfway through. Everyone stayed much more engaged and focused. | Some students gave up quickly; during the closing discussion we encouraged them to challenge themselves tomorrow. | Great class! The kids moved quickly and were able to get in at least two climbs. | Again, the kids were very excited to climb and get higher than the previous day. Everyone did a great job encouraging each other when climbing. | |

