New Games Resource Card



Opportunities to learn more and play:

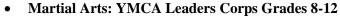
Keene YMCA 200 Summit Rd. (603)352-6002

Rockwall Climbing

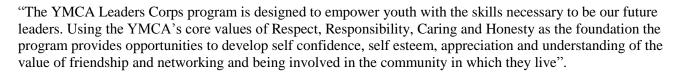
Monday: 6:30-8:30 pm Tues. & Wed.: 6:00-8:00 pm Thurs. & Friday: 6:00-7:30 pm

Saturday: 10:00-1:00 pm & 4:00-6:30 pm

Sunday: 10:00-2:00 pm



Thursdays: 5:00-6:00 pm



• Adult Judo Age 13+

"Falling, throwing, and grappling with a focus on the development of body concepts, balance, discipline, sportsmanship, self-esteem building and fun!"

Additional Information:

• "Silver Bullets: A Guide to Initiative Problems, Adventure Games and Trust Activities"

By: Karl Rohnke

• "Quicksilver: Adventure Games, Initiative Problems, Trust Activities and a Guide to Effective Leadership"

By: Karl Rohnke

Unit Goals:

- Develop positive sporting behavior by sharing equipment and space, abiding by class rules, and playing fairly without argument.
- Develop cooperation by working in a responsible manner with small groups, peers, and the whole class.

Equipment Used In Lessons:

- Kickball Dick's Sporting Goods \$12.99
- Hula-Hoop Walmart \$2.00

"Be Safe, Be Kind, Be Active"

