Individual Education Plan

Child's Name Francis Cardin	<u>1e</u>
Age <u>4</u>	
School <u>St. Joseph Regional School</u>	
Grade <u>Pre-K</u>	Teacher's Name <u>Ms. Hoye</u>

Student's Present Level of Performance (motor skills)

Locomotor Skills (skills assessed: walk, run, hop, jump, gallop, skip, slide)

Francis performed running, galloping, hopping, and sliding using mature patterns. He could perform most of the cues for the walk correctly, but had little to no arm swing. While performing the horizontal jump, Francis had no knee bend while preparing to jump.

Manipulative Skills (skills assessed: toss, catch, bounce, kick, two hand roll)

Francis performed all of the manipulative skills at the initial level, he was able to perform most of the cues correctly but often struggled one of the cues. While performing the toss and the bounce, he had no bend at the knees, but performed the rest of the cues correctly. While catching, Francis kept his feet close together instead of spreading them shoulder width apart. Francis did not plant his foot while kicking. However, he did follow through. During the two hand roll instead of bending at the knees, he bent at the waist.

<u>Balance</u> (skills assessed: one foot static balance and dynamic balance – forward, backward, and sideways)

Francis performed the one foot static balance at a mature level. He did not have any difficulty with balancing on his left and right foot. He was able to walk forward on a line, but had difficulty maintaining balance. While walking backwards, he stepped off the line numerous times. He did not have any problems walking sideways on the line.

- 1. Goal: Further enhance Francis's skill ability in performance of all the manipulative skills of the toss, catch, bounce, two hand roll, and kick
- 1.1 Objective: Be able to toss an 8" nerf ball to teacher standing 5 ft. away while demonstrating bending at the knees
- 1.2 Objective: Be able to catch an 8" nerf ball successfully 4 out of 5 times from a toss from the teacher standing 5-10 ft away while demonstrating correct form
- 1.3 Objective: Be able to consistently bounce an 8" rubber ball with accuracy and demonstrating bending at the knees and waist
- 1.4 Objective: Be able to kick a 8" soft stuf soccer ball with accuracy by hitting a target 5-10 ft away and demonstrating proper planting of the non-kicking leg
- 1.5 Objective: Be able to demonstrate accuracy with the two hand roll by rolling a 8" nerf ball to a target 10 ft away from the target and hitting it 4 out of 5 tries

2. Goal: To be able to walk up and down stairs by using the alternating foot pattern

2.1 Objective: Be able to walk up a flight of stairs using the alternating foot pattern without support from the teacher

2.2 Objective: Be able to walk down a flight of stairs using the alternating foot pattern without support from the teacher

- 3. Goal: Further enhance Francis's skill performance of the locomotor skills of the walk and horizontal jump.
- 3.1 Objective: Be able to consistently perform the horizontal jump accurately by jumping 1-2 feet without falling over
- 3.2 Objective: Be able to perform the walk by using correct arm swing while walking 20 ft. down the hallway

- 4. Goal: Further develop Francis's balance concerning the forwards and backwards dynamic balance
- 4.1 Objective: Be able to walk forwards 10 ft on a line and not lose balance and step off the line
- 4.2 Objective: Be able to walk backwards 10 ft on a line and not lose balance and step off the line

Signature Page

The IEP has been accepted.

Name _____

Date _____

Name _____

Date _____