

Character Development Project Report

Name: Sarah Kangas

Identify the strategy you used for character development:

- Class Meeting

What were your objectives for this strategy?

- To bring to attention how a majority of the students were using inappropriate language
- Let them know this type of behavior is not acceptable
- Remind the students of the PE guidelines addressed at the beginning of the quarter

Explain how you implemented this strategy:

- During one particular class when inappropriate language was being used in class, I stopped the class during a transition between activities. Once all of the students were settled down and listening I addressed them on their inappropriate language and how it will not be tolerated anymore. If any student is caught swearing in class at any moment, they will be immediately written a referral. If the behavior persists while in class, the student will be sent directly to the school office.

After you first implemented the strategy, was there any follow-up? Please describe:

- For the remainder of the unit, before each class, I reminded the students about the language expectation and of the consequences if the language persisted. During the closing discussion, I gave feedback on how well I thought the students did in class with meeting the expectation.

Describe your evaluation of the success of implementing this strategy. What was the engagement level of the students? How did they react to your implementation? What would you do similarly/differently if you used this strategy for character development in the future?

- After giving such a firm and somewhat harsh consequence, the students' language was much better. During the next lesson, when stating the behavior expectations, I reminded them about the language expectation. Again, the students were very compliant and language was not an issue. For the duration of the unit, I reminded the students about the language expectation. If I were to do this again, I would have implemented the strategy much sooner, maybe even on the first day of the class. By doing so, the students would have a clear understanding of what is expected of them and what would happen if they didn't meet the expectation.

***Please attach a lesson plan with the sections that involved the character strategy highlighted (this would include an objective as well as the activities that you planned)**

LESSON PLAN

Instructor: Ms. Kangas

Date: 10/2/12

Time: 87 minutes

Grade: 9-12

Students: 22-25 Unit: Soccer Lesson #: 4

Equipment needed:

- Radio
- FitnessGram push-up audio cadence
- 25 soccer balls
- 25 behavior self-check sheets
- 25 pencils
- Pinnies (3 colors, 3 of each color)

Objectives (Evaluation): By the end of the lesson the students will be able to:

- work with partners, peers, and the entire class during warm-up, core, and closing activities
- complete behavior self-check sheet
- continue to develop flexibility by participating in activities that involve stretching during the warm-up
- continue to develop muscular strength by participating in the push-up FitnessGram during the warm-up
- continue to develop the soccer dribble and pass
- be able to recall the key points to the dribble and pass during the closing discussion
- be able to recall the rules of the center circle and the end line

Time	Lesson Description	Class Organization	Points to Emphasize
	<p>Introduction: Behavior Expectations -respect others and equipment</p> <p>Outline Lesson WU: FitnessGram push-up CA: Small sided soccer games</p>		
	<p>Exercise Routine (WU): Daily WU 2 laps, 5 curl-ups, 2 laps, 5 push-ups</p> <p>Dynamic Stretching -windmill (forward/backward) -self-hug</p> <p>FitnessGram Push-up Test -students find a space in the gym and perform the push-up to the cadence of</p>		

	the audio		
	<p>Skills: WU Pass w/ partner Switch partners on teacher's command</p> <p>Cone Soccer -first team to get all 6 soccer balls on each cone wins -pass for accuracy -kickers and retrievers</p> <p>Center Circle -used to start a game, start a half, and whenever a goal is scored</p> <p>End line -offense kicks soccer ball out: goal kick -defense kicks the soccer ball out: corner kick</p>		
	<p>Closing Activity: 3 v. 3 -3 passes -working on control and accuracy of passes</p> <p>Juggle -work on getting as many juggles as possible</p>		
	<p>Closing Discussion: Teacher feedback Students fill out behavior self-check sheets Review questions related to the rules and skills learned so far</p>		