BLOCK PLAN FOR UNIT **REVISED**

Unit:_____Basketball_____3S____

Class Periods: _____4_____

KEY I = Introduction   CA = Closing Activity
WU = Warm-up   CD = Closing Discussion
C = Core

Intro. Dribbling	Review Dribble/ Intro. Passing	Review Passing/ Intro. Set Shot	Review/Skill Assessment and WS
Date: 11/16/11	Date: 11/30/11	Date: 12/7/11	Date: 12/14/11
I. Behavior expectations Intro to unit Outline lesson	I. Behavior expectations Outline lesson	I. Behavior expectations Outline lesson	I. Behavior expectations Outline lesson Worksheet
WU. Bull Dozers and Excavators Static Stretching	WU. Imaginary Jump Rope Dynamic Stretching	WU. High Five Activity Static Stretching	C. Stations including skill review and assessment 1. Dribble around cones 2. Bounce pass w/ partner 3. Chest pass w/ partner 4. Set shot at hoop

C. D/E Dribble
  I -Basic dribbling in open space:
  whistle freeze-look up, right &
  left, crossover
  II -Exploratory Dribble: dribble
  quiet, loud, tall, short, etc…
  III -Red Light Green Light
	C. D/E Dribble
	  -Follow The Leader
	
	  D/E Bounce Pass
	  -Practice w/ partner
	
	  D/E Chest Pass
	  -Practice w/ partner
		C. D/E Bounce Pass
		-bounce pass w/ partner
		  D/E Chest Pass
		-chest pass w/ partner
		
		  D/E Set Shot
		  -shoot w/ partner into hula-hoop
			CA. Card Sharks
			  *If needed

CA. Obstacle Dribble	CA. UNO Basketball	CA. Tic-Toe-Basketball	CD – Review worksheet
			  -Close unit by asking students
			  What they enjoyed about the
			  unit, what skill they liked, what
			  games they liked, and give
			  group feedback on the unit
			  -Give quick intro. Of shooting
			  games-around the world, Horse,
			  & Knockout

CD. Critical Elements for dribbling Address how learning the dribble helps with keeping body and equipment in control	CD. Review critical elements of dribbling, bounce pass, and the chest pass Address how learning the bounce and chest pass helps with keeping body and equipment in control	CD. Review critical elements of dribbling, bounce pass, chest pass, and set shot Address how learning the basketball skills helps with keeping body and equipment in control	